

Poetry and Fiction

Hope in humanity

Kirti Singh, MD, DNB, FRCS

Director Professor, Department of Ophthalmology, Guru Nanak Eye Centre Maulana Azad Medical College, New Delhi

Corresponding Author:

Dr Kirti Singh

Department of Ophthalmology, Guru Nanak Eye Centre

Maulana Azad Medical College, New Delhi

Email: mail4kirti at gmail dot com

Received: 09-JUN-2016 Accepted: 02-SEP-2016 Published Online: 03-SEP-2016

I saw Kindness today

In the crowded hospital corridor.....

Where the blaring discordance of a Babel of voices

announced its defeat to the soundless roar of sickness.

When, a pregnant lady, lurching up the steps

tried to fit her bulk into a queue

amidst the sweaty bodies

a member of the forgotten masses, she stoically looked about

with dead eyes, clutching her worn out bag, waiting

for the journey - or life - to end.

A portly old man, gingerly got up,

vacating his place on a bench for her

.....she sat

without an acknowledgement,

stoic in her acceptance of favor - or blow?

"Thank You" and "No, not this"equally alien to her.

Yet, when she looked up and met the old man's eyes

...it was not her eyes that I saw - dead, dreamless -

but someone else's - brimming with vibrancy, vigor - someone

....who twirled out on tiptoe and embraced the faded light

in that old man's eyes....

in their reflected shine I saw 'Kindness'.

I met Love today

While hurrying across the crowded patch

of green, in front of the emergency department

Cite this article as: Singh K. Hope in humanity. RHiME. 2016;3:42-43.

www.rhime.in 42

I trespassed upon the camaraderie

between a pigeon

and a bedraggled patient-attendant

The one busy pecking grains scattered for his like....

The other nibbling the same - uncooked seedy corn seeds

- discarded by his like.

Lost in his misery, want, hunger, his passive acceptance of destiny He occasionally stroked the pigeon,

....who, tamed by hunger, tolerated the touch of a different species.

He spent - giving love from his spent frame, giving,

while waiting - anxious for news

- of the fate of his ailing patient.

In that slow measured stroke from calloused, weary, hungry hands I met 'Love'.

I witnessed Compassion today

Struggling through a crowded outpatient department,

The weary father carried a frail bundle

his daughter ... for her daily therapy

At her feeble cry, he listlessly patted her

a mechanical gesture sans solace

....lines etched on his tired face speaking of grief

beyond articulation.

He unfailingly brought her for her daily injections,

hoping for healing - or just deferring the inevitable?

His silence an acceptance of impending, inevitable death?

The case-hardened, grief-proof, nurse

looked at the duo

Recognized them as the pair from yesterday....

her gaze softened

A brisk pat on the gnarled hand of the father, and

"She will be all right, Baba. You are doing all you can for her."

The weary, aching paternal eyes, brightened -

I witnessed 'Compassion', reach out and follow the man

as he walked towards the doctor's room.

Small gestures, which ask for no certificate of merit;

Small deeds, which ask for neither acclaim nor fame;

Small acts of kindness, love, compassion ...

I glimpsed humanity inside humans today.

www.rhime.in 43